



PE and Sport at St Mary's Catholic Primary School

What is the Sports Premium?

The PE and Sport Premium is funding that the Government gives to schools specifically with the aim of improving physical education and sport.

At St Mary's, we value sport and the role it plays in promoting health and well-being. This statement outlines how we are using the funding we have been given, to ensure all pupils at our school have a diverse range of opportunities to learn different sports, both competitive and non-competitive promoting an active lifestyle through exercise and healthy eating.

- At St Mary's Catholic Primary School, we recognise the contribution of Physical Education (PE) to the health and well-being of the pupils. We believe that an innovative, varied PE curriculum and extra-curricular opportunities have a positive influence on the concentration, attitude and academic achievement of all our pupils.
- Physical Education and sport clearly contribute to the holistic development of young people and through participation in sport and physical education, pupils learn more about key values such as teamwork, fair play and respect for themselves and others.
- There is significant evidence to show the positive effects of sport and exercise on pupils' physical health, growth and development. Furthermore, sport also provides a healthy environment for young people to learn how to deal with competition and how to cope with both winning and losing.

Click on this link for more detailed information: <https://www.gov.uk/guidance/pe-and-sportpremium-for-primary-schools#about-the-pe-and-sport-premium>

Purpose of the Funding:

Schools will have to spend the sport funding on improving their provision of P.E and sport But will have the freedom to choose how to do this.

Possible uses for the funding include:

- Providing targeted activities or support to involve and encourage the least active children;
- Encouraging active play during break times and lunchtimes;
- Establishing, extending or funding attendance of school sport clubs and activities and holiday clubs, or broadening the variety offered;
- Adopting an active mile initiative;
- Raising attainment in primary school swimming to meet requirements of the national curriculum before the end of key stage 2. Every child should leave primary school able to swim.

Total amount received 2023-24: £17,320

Objective	Initiative	Impact	Cost
To provide pupils with access to a range of different sports and activities	Hire tennis coaches and a dance teacher to deliver quality lessons to pupils	Pupils have access to a range of activities that they may not have tried before and this will hopefully lead to them taking up one of these activities in their own time. It will also further develop their skills in new areas	Dance: £3,800

To increase the range of sports/activities pupils competitively participate in.	Pupils will enter more of a variety of sports competitions in H&F	Pupils will have access to different sports/activities	£2,000 Coaches time
To ensure pupils are competitive when they enter borough competitions	Pupil will be competitive when entering competitions with other local schools. They will have been involved in training sessions in school	Pupils will participate in more local competitions and will be competitive when doing so	£2,000 – coaches time £1100 – entry into PE SLA £1,300 – cover for teachers to take pupils to competitions
PE Leader in school is effective in ensuring provision is of a high quality.	PE leader attends training with LA and knows the subject well and can monitor effectively.	PE across the school is of a very high quality.	£600
To continue to improve the quality of the equipment provided for sporting activities	We will continue to upgrade sports equipment as required	Pupils have quality equipment to use in sporting activities and show appreciation and respect for this. This sense of pride has an impact on the success the pupils feel when participating in sports	£1,000
To encourage sport and active play at lunchtimes.	We will encourage high levels of activity by training adults to lead games and by ensuring the equipment is high quality.	Pupils will be actively engaged in a range of sports activities which will further develop their skills and fitness levels.	£500
To encourage pupils towards after-school and holiday sports activity opportunities.	Distribute fliers and leaflets which relate to these opportunities; on noticeboards in school and in newsletters.	Families will take full advantage of local clubs and activities, hence ensuring their pupils are staying active.	N/A
To encourage participation and competition in sports	Hold a Sports Day at a local venue for each Key Stage in the summer term with rotational activities and running/relay races.	Pupils are enthused to be active through the use of a high quality venue and the competitive factor.	£1,000
To further promote a healthy lifestyle through P.E sports week	Hold bi-weekly whole school health hustles at the start of each day	Pupils will start the day with exercise healthy mind, healthy body	£500 – equipment

Year 6 Swimming 2022-23:

Skill	Percentage of pupils
Swim competently confidently and proficiently over a distance of at least 25 metres	74%
Use a range of strokes effectively, e.g front crawl, back stroke	74%
Perform safe self-rescue in different water-based situations	81%
Total cost of swimming lessons: Pool fee £522 x 3 + Swimming instructors for two-terms £2000	£3,566

Plans for 2024-25:

- Training for lunchtime staff so they are more engaged with pupils at lunchtime and encouraging them to be active
- Further sports equipment purchases
- Participate in ongoing H&F local sporting events
- Continue to use our PPA provision for the development of sports skills through the use of sports coaches
- Continue to use proficient external coaches to provide sessions for pupils such as dance and cricket
- Involvement in active initiatives such as, 'the mile run'
- Health and Fitness week to be organised for the summer term
- Involvement in National Skipping Day 2025
- More after school club sport opportunities (Basketball and football clubs)
- Greater focus on girl's football with a qualified funded coach (Fulham Foundation) for the girls 5/6 school team
- Programme on healthy lifestyles to be implemented
- More training for PE Subject leader
- Primary Stars (Fulham Foundation) to support the mentoring of selected children through sporting initiatives and social/emotional development.
- Involvement in sporting events competing against other schools in the borough more frequently.

St Mary's continues to be committed to providing high quality PE and Sports Provision and to spend over the allocated government budget.