



# St Mary's Catholic Primary School

## Physical Education Curriculum Map



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>Nursery</b>	FFC - locomotor skills	FFC – Balance skills	FFC – Ball skills	FFC - Balance Skills	FFC - Ball Skills	FFC - Locomotor Skills
<b>Reception</b>	FFC - locomotor skills	FFC – Balance skills	FFC – Ball skills	FFC - Balance Skills	FFC - Ball Skills	FFC - Locomotor Skills
<b>Year 1</b>	FFC- locomotor skills	Gymnastics- internal FFC- Invasion games	Dance-external FFC- Ball skills	Dance- external FFC- Balance skills	FFC- Locomotor Skills	FFC-Athletics Tennis- external
<b>Year 2</b>	Gymnastics- internal FFC- locomotor skills	FFC- Invasion games	Dance- external FFC- Ball skills	Dance- external Tennis- external FFC- Football	FFC- Balance skills	FFC-Athletics
<b>Year 3</b>	Dance- external FFC – locomotor skills	Dance- external FFC- Invasion games	FFC- Hockey Cricket - internal	FFC- Football	Tennis- external FFC-Cricket	Gymnastics- internal FFC-Athletics
<b>Year 4</b>	Dance- external FFC- locomotor skills	Dance- external FFC- Invasion games Cricket - External	FFC- Hockey Tennis- external Swimming – external	Gymnastics- internal FFC- Football Swimming – external	FFC- Cricket	FFC- Athletics
<b>Year 5</b>	FFC- locomotor skills Swimming – external	FFC- Invasion games Swimming – external Tennis- external	Gymnastics- internal FFC- Hockey Cricket - internal	FFC-Football	Dance- external FFC- Cricket	Dance- external FFC-Athletics
<b>Year 6</b>	FFC-locomotor skills Tennis- external	FFC- Invasion games	FFC – Hockey	FFC – Football	Gymnastics- internal Dance- external	Dance- external FFC-Athletics

					Swimming – external	Swimming – external
					FFC- Cricket	