

The internet and young people

The online environment is a massively positive and an amazing space.

It delivers huge benefits:

- enabling us to stay connected
- work
- learn and play.

Used positively and with supervision, children can advance so much more than ever before.

We want to enable our pupils to become creative, confident and competent with information and computing technology where pupils are able to develop their ideas, express themselves, and demonstrate an understanding of how to use technology safely and respectfully.



ZIP IT

Keep your personal stuff private and think about what you say and do online.



BLOCK IT

Block people who send nasty messages and don't open unknown links and attachments.



FLAG IT

Flag up with someone you trust if anything upsets you or if someone asks to meet you offline.

Parental guidance

It is important to prepare and support children to use the internet in a positive and safe way. Providing them with skills for online safety, just like in the physical world, will help keep them safe.

Commonly asked questions:

How do I know what games are appropriate for my child?

Games have an age rating for a reason (language, violence, themes, content etc). Use parental control tools to limit your child's access and monitor and discuss what your child is doing on a game.



What social media apps are acceptable?

Children under 13 should not have any form of social media account by law as stated in the Online Safety Bill.



Parent and Carer E-Safety guidance

This leaflet educates parents and carers about online dangers and suggests ways to ensure your child is aware and safe online.

CONTACT US

40 Masbro Road

London

W14 0LT

02076037717

<https://www.stmarysrc.lbhf.sch.uk/>

Social media safety

We know that an increasing number of younger children are signing up to social network sites.

Social Networks have a minimum age restriction, usually age thirteen.

Parents should talk to their children about the reasons behind the age restriction as they are there for a reason.

Accessing such sites too early can expose children to unnecessary bullying.

Social Media Age Restrictions

Information taken from the NSPCC website

| Under 13 (with Parental Consent) | 13 + | 16 + | 18 (17+ with parental permission) |
|-------------------------------------|--|--|---|
| Path Webike | Facebook Twitter Instagram Pinterest Google+ Tumblr DeviantArt Snapchat LinkedIn | MySpace Skype iCloud uMe Viber WhatsApp Vine Whisper Vkontakte VK | YouTube Play Store Web Chat Spotify iCloud Kik FourSquare Flickr Musically Live.ly Twitch Google |

Cyber bullying

Cyberbullying is bullying that takes place using technology. Whether on social media sites, through a mobile phone, or gaming sites.

How can I monitor/prevent my child from being cyberbullied?

- Set boundaries
- Being involved and talking to your children

How to notice if your child has been cyberbullied?

It is not always easy to spot the signs of cyberbullying as it can happen all the time. Ensure you are alert to changes in your child's behaviour, for example:

- Being upset after using the internet or their mobile phone;
- Unwilling to talk or secretive about their online activities and mobile phone use.
- Spending much more or much less time texting, gaming or using social media.

Our commitment to your children

At St Mary's we are committed to keeping our children safe and to promoting the safe, responsible use of the technologies available.

We teach our pupils how to use the Internet and email safely and responsibly, both in school and outside the school environment.

Our pupils will have a strong understanding of how to stay safe online and know when to report unsafe behaviour

S SAFE Keep safe by being careful not to give out personal information – such as your full name, email address, phone number, home address, photos or school name – to people you are chatting with online.

M MEETING Meeting someone you have only been in touch with online can be dangerous. Only do so with your parents' or carers' permission and even then only when they can be present.

A ACCEPTING Accepting emails, IM messages, or opening files, pictures or texts from people you don't know or trust can lead to problems – they may contain viruses or nasty messages!

R RELIABLE Information you find on the internet may not be true, or someone online may be lying about who they are.

T TELL Tell your parent, carer or a trusted adult if someone or something makes you feel uncomfortable or worried, or if you or someone you know is being bullied online. You can report online abuse to the police at www.thinkuknow.co.uk