

The Sign of the Cross

right hand



1

In the name of the Father



2

and of the Son

left shoulder

right shoulder



3

and of the Holy Spirit



4

Amen.

Morning Prayer

We thank you for our school,
staff, children, one and all.
We pray Lord that you be at our centre,
our guide, our tutor and our mentor.
Help us to work hard in our learning,
Be good friends, be fair and caring,
to be the very best we can in all we do and say,
growing together in your love and care each day.

Amen.

Prayer before Lunch

Bless us O God as we sit
together,
Bless the food we eat
today,
Bless the hands that made
the food,
Bless us O God

Amen.

Prayer after Lunch

Thank you God
for the food we have eaten.

Thank you God
for all our friends.

Thank you God
for everything.

Thank you God.

Amen.

Prayer at the end of the day

At the end of the day we
kneel and say,
Thank you Lord for our
work and play,
We try to be good,
We know that we should,
That's my prayer at the end
of the day.

Amen.



Hail Mary

Hail Mary, full of
grace, the Lord is
with thee. Blessed
art thou among
women, and
blessed is the fruit
of thy womb, Jesus.

Holy Mary, Mother
of God, pray for
us sinners, now
and at the hour of
our death. Amen.

Our Father,

Who art in Heaven,
hallowed be Thy name;
Thy Kingdom come,
Thy will be done
on earth as it is in Heaven.
Give us this day our daily bread;
and forgive us our trespasses
as we forgive those
who trespass against us;
and lead us not into temptation,
but deliver us from evil

Amen.

A decorative flourish consisting of symmetrical, swirling lines that curve upwards and outwards from a central point, resembling a stylized floral or scrollwork design.

Advent Prayer

*The world was in darkness
and nobody knew
the way to the Father
as you and I do.*

*They needed a light
to show them the way,
and the great light shone
on Christmas Day.*

Lenten Prayer

I want to follow in your footsteps
so I trust in you
as slowly I discover your path
and move forward
closer to you.



Guardian Angel Prayer

Angel of God,
my guardian dear,
To whom God's love
commits me here,
Ever this day,
be at my side,
To light and guard,
To rule and guide.

Amen



Glory Be

to the Father,
and to the Son,
and to the Holy Spirit,
as it was in the beginning,
is now,
and ever shall be,
world without end.

Amen.



**Eternal rest grant unto them, O Lord,
and let perpetual light shine upon them.
May they rest in peace. Amen**



Act of Contrition

O my God, because you are so
good,
I am very sorry that I have sinned
against you and with your help.
I will try not to sin again.

Amen



The Angelus

The Angel of the Lord declared to Mary:
And she conceived of the Holy Spirit.

Hail Mary...

Behold the handmaid of the Lord: Be it
done unto me according to Thy word.

Hail Mary...

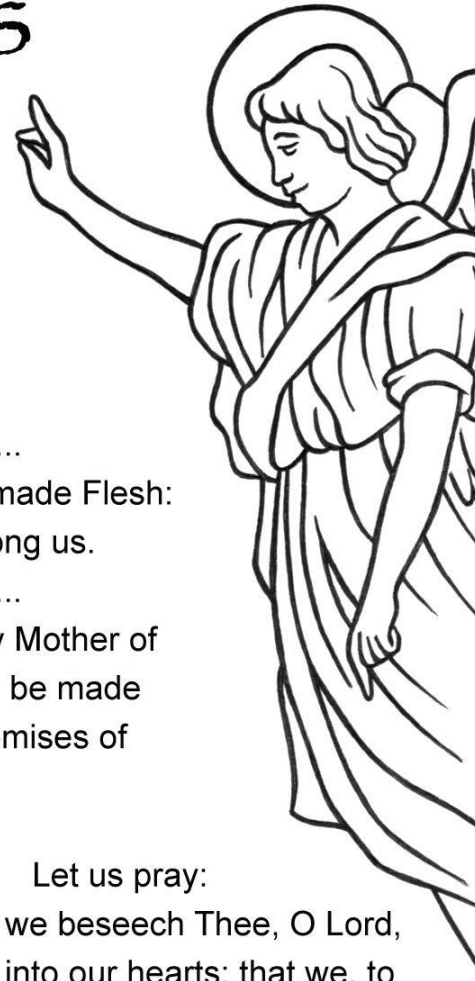
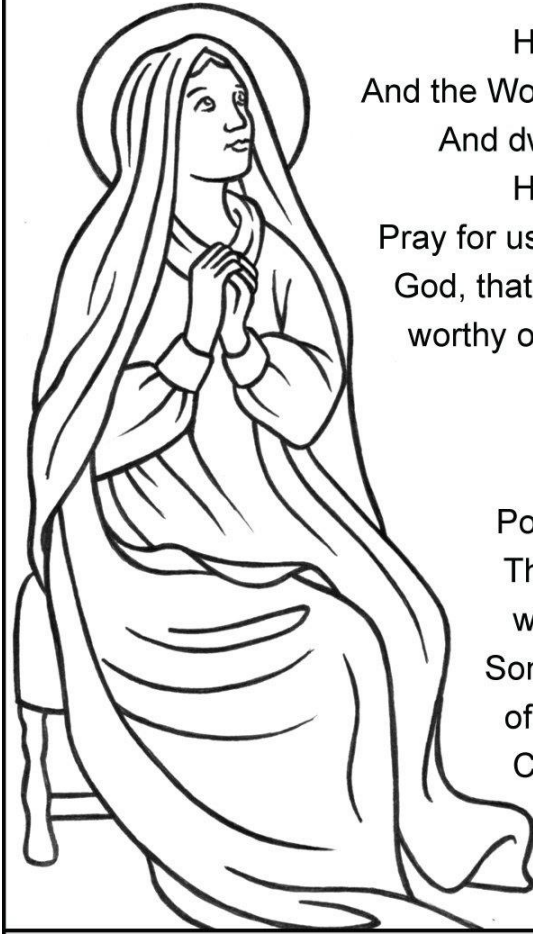
And the Word was made Flesh:
And dwelt among us.

Hail Mary...

Pray for us, O Holy Mother of
God, that we may be made
worthy of the promises of
Christ.

Let us pray:

Pour forth, we beseech Thee, O Lord,
Thy grace into our hearts; that we, to
whom the incarnation of Christ, Thy
Son, was made known by the message
of an angel, may by His Passion and
Cross be brought to the glory of His
Resurrection, through the
same Christ Our Lord. Amen.

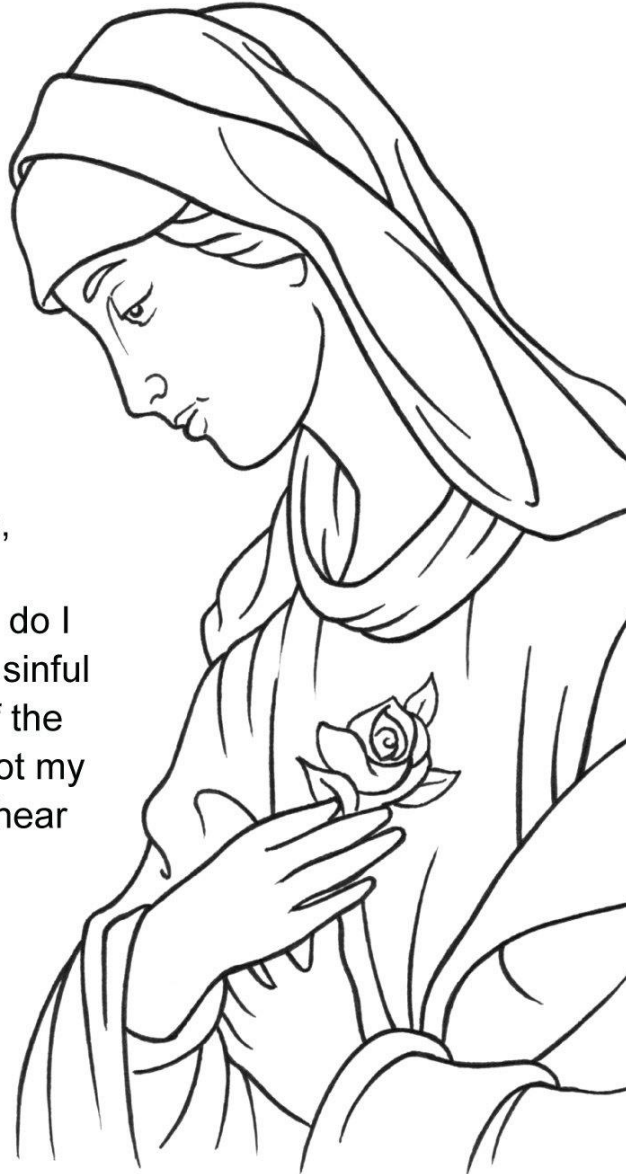


The Memorare

Remember, O most
gracious Virgin Mary,
that never was it known
that anyone who fled to
thy protection, implored
thy help, or sought thine
intercession was left
unaided.

Inspired by this confidence,
I fly unto thee, O Virgin of
virgins, my mother; to thee do I
come, before thee I stand, sinful
and sorrowful. O Mother of the
Word Incarnate, despise not my
petitions, but in thy mercy hear
and answer me.

Amen.



MAGNIFICAT

My soul does magnify the Lord,
and my spirit rejoices in God my
Saviour, for He has regarded the
lowliness of His handmaid.

For, behold, henceforth all generations
shall call me blessed.

For He that is mighty has done great
things for me, and holy is His name.

His mercy is from generation unto
generation, to them that fear Him.

He has shown might with His arm,
He has scattered the proud in the
conceit of their heart.

He has cast down the mighty from their
thrones, and has exalted the lowly.

He has filled the hungry with good
things, and the rich He has sent away
empty.

He has received Israel, His servant,
being mindful of His mercy, as He
spoke of to our fathers, to Abraham
and to his children forever.

Hail Holy Queen



Hail, holy Queen, Mother of mercy, our life, our sweetness and our hope. To thee do we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this valley of tears. Turn, then, most gracious advocate, thine eyes of mercy toward us, and after this, our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary.

V. Pray for us, O holy Mother of God.

R. That we may be made worthy of the promises of Christ.

The Apostle's Creed

I believe in God, the Father almighty,
maker of heaven and earth,

And in Jesus Christ, his only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died and was buried.

He descended into hell.

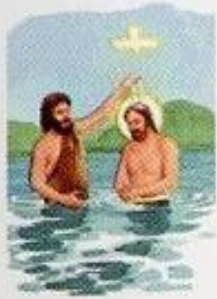
The third day he rose again from the dead.

He ascended into heaven
and sits at the right hand of God
the Father almighty.

From there he will come to judge the living and the dead.

I believe in the Holy Spirit,
the holy Christian Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.

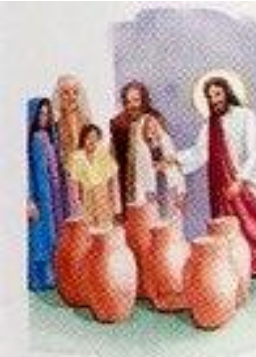
The Luminous Mysteries



1. The Baptism in the Jordan

MEDITATION: Jesus descends into the water of the Jordan River and is baptized by John. The heavens open and the voice of the Father declares Him the beloved Son. The Spirit descends upon Jesus in the form of a dove and fills Him with God's mission to save humankind from sin.

Matthew 3:17



2. The Wedding at Cana

MEDITATION: Jesus changes water into wine at the request of Mary, who was first among believers. The disciples witness this miracle, their hearts open to the faith, and they begin to believe in Him.

John 2:1-12



3. The Proclamation of the Kingdom of God

MEDITATION: Jesus preaches the Gospel in Galilee. He proclaims that this is the time of fulfillment, for the Kingdom of God is at hand. He asks all to repent and forgives the sins of those who believe in Him.

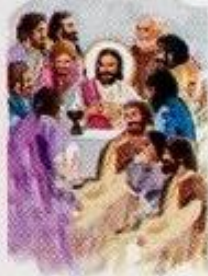
Mark 1:15



4. The Transfiguration

MEDITATION: On Mount Tabor, the Apostles see the glory of God shining forth from the face of Jesus. The voice of the Father, coming from a cloud, says, "This is my chosen Son, listen to Him."

Luke 9:35



5. The Institution of the Eucharist

MEDITATION: At the Last Supper, Jesus offers His body and blood, under the signs of bread and wine, and washes the feet of the Apostles. He knows that Judas has betrayed Him and His hour has come. Jesus testifies to His everlasting love for each one of us by sharing the Sacrament of the Eucharist.

John 13:1