| AUTUMN MEDIUM TERM PLAN Re<br>Module 1: Created and Loved by God   |   | elationship and Sex Education                                       |   |
|--|---|---|---|
|  |   |   | Year 2  |
| Story Session  | Unit 2: Me, My Body, N  | ly Health   | Unit 2: Me, My Body, My Health  |
| Let the Children Come  | Session 1: I am Unique  | e   | Session 2: Girls and Boys (My<br>Body)  |
| <ul> <li>LO: To know that</li> <li>We are created individually by God</li> <li>God wants us to talk to Him often<br/>through the day and treat Him as our<br/>best friend</li> <li>God has created us, His children, to<br/>know, love and serve Him in this life<br/>and forever – this is our purpose and<br/>goal and will bring us true happiness</li> <li>We are created as a unity of body,<br/>mind and spirit: who we are matters<br/>and what we do matters</li> <li>We can give thanks to God in different<br/>ways</li> </ul> | <b>LO:</b> To learn that we are individual gifts, talents ar  |   | <ul> <li>LO:</li> <li>Our bodies are good;</li> <li>The names of the parts of our bodies;</li> <li>Girls and boys have been created by God to be both similar and different - these differences are physical, emotional and spiritual and together make up the richness of the human family.</li> </ul> |
| •<br>Unit 2: Me, My Body, My Health  | Unit 2: Me, My Body, N  | ly Health   |   |
| Session 3: Clean and Healthy   | Session 4: Clean and H  | lealthy   |   |
| <ul> <li>LO:</li> <li>Our bodies are good and we need to look after them;</li> <li>What constitutes a healthy lifestyle, including physical activity, dental health and healthy eating;</li> <li>The importance of sleep, rest and recreation for our health;</li> <li>How to maintain personal hygiene</li> </ul>   | <ul> <li>LO:</li> <li>Our bodies are good a look after them;</li> <li>What constitutes a her including physical act and healthy eating;</li> <li>The importance of sle recreation for our here.</li> <li>How to maintain personal sectors and a sector and a sector and a sector a sector</li></ul> | ealthy lifestyle,<br>ivity, dental health<br>eep, rest and<br>alth; |   |

| SPRING MEDIUM TERM PLAN            | Relationship and Sex Education |
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| Module 1: Created and Loved by God | Year 2                         |

| Unit 3: Emotional Well-<br>being   | Unit 3: Emotional Well-being  | Unit 3: Emotional Well-being  |
|--|---|---|
| Session 1: Feelings,<br>Likes, Dislikes  | Session 2: Feelings Inside Out  | Session 3: Super Susie Gets<br>Angry  |
| <ul> <li><b>LO:</b></li> <li>That it is natural for us to relate to and trust one another;</li> <li>That we all have different 'tastes' (likes and dislikes), but also similar needs (to be loved and respected, to be safe etc);</li> <li>A language to describe our feelings.</li> </ul> | <ul> <li>Children will have a basic<br/>understanding that feelings and<br/>actions are two different things,<br/>and that our good actions can<br/>'form' our feelings and our<br/>character.</li> </ul> | <ul> <li>LO:</li> <li>Simple strategies for managing feelings and for good behaviour;</li> <li>That choices have consequences; that when we make mistakes we are called to receive forgiveness and to forgive others when they do;</li> <li>That Jesus died on the cross so that we would</li> <li>.</li> </ul> |

| SUMMER MEDIUM TERM PLAN  | Relationship and Sex Education         |  |
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| Module 1: Created and Loved by God   | Year 2                                 |  |
| Unit 1: Religious Understanding  |  |  |
|  |  |  |
| Session 1: The Cycle of Life   |  |  |
| LO:  |  |  |
| Children will know and appreciate t birth to death, and what these are                           | hat there are natural life stages from |  |
|  |  |  |
|  |  |  |
| Unit 1: Religious Understanding  |  |  |
| Session 1: Beginnings and Endings  | S                                      |  |
| LO:  |  |  |
| Pupils will learn:   |  |  |
| What 'death' means   |  |  |
| About some feelings often connecte   |  |  |
| <ul> <li>What the Christian faith says about</li> <li>Some ways to support themselves</li> </ul> |  |  |
| Some ways to support themselves  |  |  |
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