

AUTUMN MEDIUM TERM PLAN	Relationship and Sex Education
Module 2: Created to Love Others	Year 3

<p>Unit 1: Religious Understanding</p> <p>Session 1: Jesus My Friend</p> <p>LO:</p> <ul style="list-style-type: none"> • That God loves, embraces, guides and forgives us; He reconciles us with Him and one another. • The importance of forgiveness and reconciliation in relationships, and some of Jesus' teaching on forgiveness. • That relationships take time and effort to sustain. • We reflect God's image in our relationships with others: this is intrinsic to who we are and to our happiness. 	<p>Unit 2: Personal Relationships</p> <p>Session 1: Friends, Family and Others</p> <p>LO:</p> <ul style="list-style-type: none"> • Ways to maintain and develop good, positive, trusting relationships; strategies to use when relationships go wrong; • That there are different types of relationships including those between acquaintances, friends, relatives and family; • That good friendship is when both persons enjoy each other's company and also want what is truly best for the other; • The difference between a group of friends and a 'clique'. 	<p>Unit 2: Personal Relationships</p> <p>Session 2: When Things Feel Bad</p> <ul style="list-style-type: none"> • LO: Ways to maintain and develop good, positive, trusting relationships; strategies to use when relationships go wrong; • That there are different types of relationships including those between acquaintances, friends, relatives and family; • That good friendship is when both persons enjoy each other's company and also want what is truly best for the other; • The difference between a group of friends and a 'clique'.
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SPRING MEDIUM TERM PLAN	Relationship and Sex Education
Module 2: Created to Love Others	Year 3

Unit 3: Keeping Safe Session 1: Sharing Online LO: <ul style="list-style-type: none"> To recognise that their increasing independence brings increased responsibility to keep themselves and others safe; How to use technology safely; That just as what we eat can make us healthy or make us ill, so what we watch, hear, say or do can be good or bad for us and others; How to report and get help if they encounter inappropriate materials or messages. 	Unit 3: Keeping Safe Session 2: Chatting Online LO: <ul style="list-style-type: none"> How to use technology safely; That bad language and bad behaviour are inappropriate; That just as what we eat can make us healthy or make us ill, so what we watch, hear, say or do can be good or bad for us and others; How to report and get help if they encounter inappropriate materials or messages. 	Unit 3: Keeping Safe Session 3: Safe in My Body LO: <ul style="list-style-type: none"> To judge well what kind of physical contact is acceptable or unacceptable and how to respond; That there are different people we can trust for help, especially those closest to us who care for us, including our teachers and parish priest. 	Unit 3: Keeping Safe Session 4: Drugs, Alcohol and Tobacco LO: <ul style="list-style-type: none"> Medicines are drugs, but not all drugs are good for us. Alcohol and tobacco are harmful substances. Our bodies are created by God, so we should take care of them and be careful about what we consume. 	Unit 3: Keeping Safe Session 5: First Aid Heroes LO: <ul style="list-style-type: none"> In an emergency, it is important to remain calm. Quick reactions in an emergency can save a life. Children can help in an emergency using their First Aid knowledge.
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SUMMER MEDIUM TERM PLAN	Relationship and Sex Education
Module 3: Created to Live in Community	Year 3

<p>Unit 1: Religious Understanding</p> <p>Session 1: A Community of Love</p> <p>LO:</p> <ul style="list-style-type: none"> • God is Love as shown by the Trinity – a 'communion of persons supporting each other in their self-giving relationship'; • The human family is to reflect the Holy Trinity in mutual charity and generosity. 	<p>Unit 1: Religious Understanding</p> <p>Session 2: What is the Church?</p> <p>LO:</p> <ul style="list-style-type: none"> • The human family can reflect the Holy Trinity in charity and generosity. • The Church family comprises of home, school and parish (which is part of the diocese). 	<p>Unit 2: Living in the Wider World</p> <p>Session 1: How do I love Others?</p> <p>LO:</p> <ul style="list-style-type: none"> • To know that God wants His Church to love and care for others. • To devise practical ways of loving and caring for others.
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