



ST MARY'S NEWSLETTER

Week beginning Monday 26th January

Dear Parents and Carers,

This week has been another rich and rewarding one at St Mary's, full of opportunities for our children to learn, grow and connect with the wider community.

On Tuesday morning, we were delighted to welcome Time Givers, a wonderful charity who worked alongside our Year 4 pupils in the Mary's Gardens. The children thoroughly enjoyed gardening with the volunteers, learning about teamwork, care for creation and the joy of giving time to others. We are very grateful to Time Givers for supporting such a meaningful and enriching experience.

On Thursday afternoon, our parish priest Fr Richard visited Year 6 to speak with them about their RE unit Galilee to Jerusalem. His visit helped to deepen the children's understanding of Jesus' ministry and journey, bringing their learning to life in a thoughtful and engaging way. We are always thankful for Fr Richard's continued support of our school.

Sport was also a highlight this week, with our boys' and girls' teams taking part in the Mayor's Cup 2025/26 football match on Friday, playing against Wendell Park. The children represented St Mary's with great enthusiasm, teamwork and sportsmanship, and we are very proud of their efforts.

Finally, a reminder that our Valentine's Disco will take place on 12th February. We would be very grateful for any parent helpers who are able to support this event. If you are interested, please contact the school office.

Thank you, as always, for your continued support and partnership. It is a joy to see our children benefiting from such a broad and enriching school experience.

With every blessing,

Miss Black

Headteacher

Prayer Bags



Omari

World Gifts Fundraising – Thank You!

Thank you to all our children, families and staff for your generosity in supporting CAFOD World Gifts. Through our collective efforts, we raised an amazing £296.50 across Nursery to Year 6.

This money will make a real difference to families around the world by providing practical gifts such as food, clean water, education and support for those most in need. It has been wonderful to see our children living out our Catholic values of compassion, service and solidarity with others.

We are very proud of our pupils for showing such kindness and generosity. Thank you for helping our children to understand that even small actions can have a big impact.



Thank You for Your Generosity

We would like to extend our heartfelt thanks to all parents and carers for your incredibly generous donations towards our new school projector. Thanks to your support, we raised a fantastic £560, which will make a real difference to teaching and learning across the school.

Your continued generosity and commitment to St Mary's is greatly appreciated, and we are truly grateful for the way our school community works together to support our children. Thank you once again for your kindness and support.



We are so proud of Joel in Year 2, who led a fantastic lesson linked to our Geography topic on the British Isles. He confidently taught the class about Wales, including the capital city, beaches and St David's Day, shared Welsh cakes, and even supported others before starting his own work—what a star! ⭐



Candlemas Workshop



On Monday 26 January, our RE Chaplains visited Holy Trinity Church for a Candlemas workshop led by Thérèse, the Catechist Coordinator. They listened to the Gospel about the presentation of Jesus in the Temple and reflected on its message of Jesus as the Light of the World. The children decorated a large candle to bring back to school, which will be used in next week's assembly as we celebrate the Feast of Candlemas on 2 February.



“I really enjoyed going to church together to learn about Candlemas and decorating the candles,” said Maria P.



Time Givers - Gardening

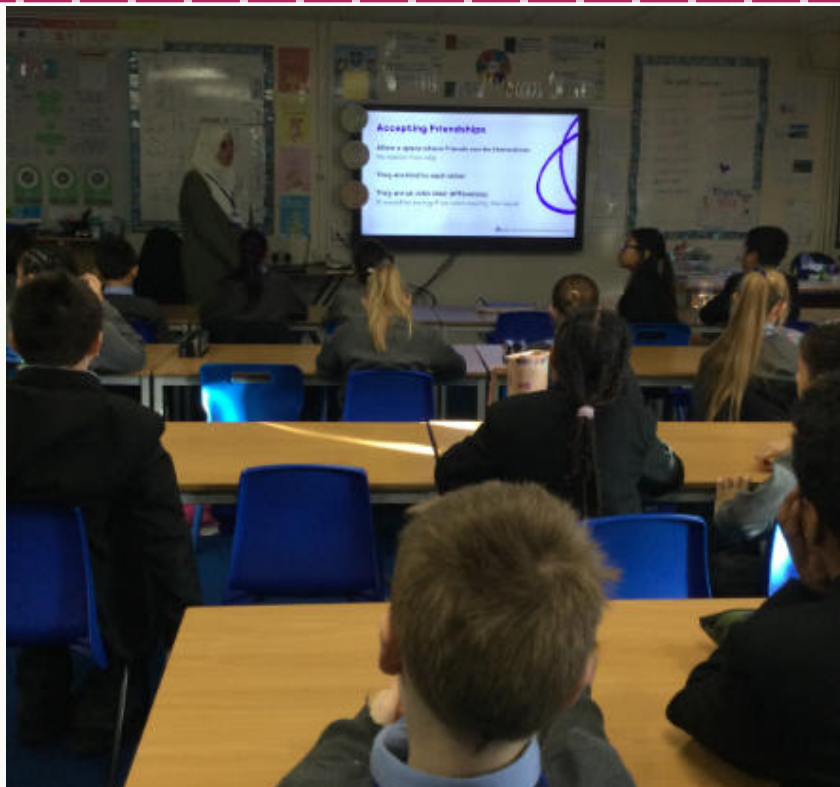
This week, children in Years 3–5 were visited by Time Givers volunteers and learnt about caring for creation through volunteering. Living out the Catholic Social Teaching of stewardship of God’s creation, they helped prepare the Mary Garden for a future butterfly and bee sanctuary by weeding, turning soil and planting seeds ready for spring and summer. 🌱🐝



“We were making plants and I enjoyed putting all the seeds and soil down. I liked using the shovel as one of the tools.”
Jeremiah Y5

Year 5 - Friendship Workshop

Year 5 took part in a valuable workshop delivered by Hammersmith, Fulham, Ealing and Hounslow Mind, exploring healthy and unhealthy friendships, predictable and unpredictable behaviours, and real-life scenarios to test their understanding. The session offered excellent opportunities for the children to reflect on how we treat one another with respect and kindness, supporting the Catholic social teaching principle of human dignity and solidarity – caring for others as we would want to be cared for.



“The friendship workshop helped us to learn how to always be kind to people and not have unhealthy friendships.” – Hung

“We learned that we should be kind to people. We also learned the difference between a healthy and unhealthy relationship.” – Soraiya

Year 6 - Into University



On Friday last week, Year 6 proudly concluded their five-day workshop with the Into University charity by celebrating their graduation day at the London School of Economics. The children enjoyed a truly inspiring visit, exploring the university grounds and learning about different faculties, while also having the opportunity to speak with people who work and study there. A real highlight of the day was presenting their work and graduating in front of their peers and parents – a wonderful and memorable achievement.

“I thought the trip was amazing because very smart people go to that university and maybe I can go there one day,” said Ethan.

It was a fantastic day that encouraged ambition, curiosity and confidence in our Year 6 pupils as they looked ahead to their future.

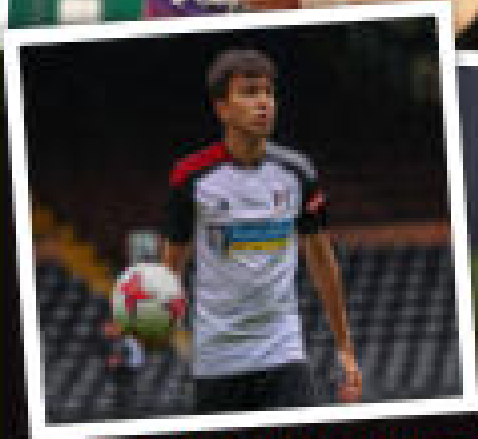


Father Richard - Year 6 Visit

Year 6 were pleased to welcome Father Richard from our local parish, Holy Trinity, for his half-termly visit. He led an insightful session on the seven “I Am” statements from Gospel of John, exploring their meaning and the order in which they appear. The children listened attentively, took detailed notes, and will now be writing up their learning in their RE books.



Noah said: “We learned about the I am statements and Jesus’ miracles. For example, when Moses was talking to the burning bush, he wanted the people of Egypt to be safe and free in the promised land, but if he didn’t do this, something would happen to the Pharaoh.”



FULHAM FC
Foundation

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NEW FOR 2026 OUR HAMMERSMITH & FULHAM VENUE OFFERS A SPACE TO PLAY FOOTBALL IN A SAFE & INCLUSIVE ENVIRONMENT DURING SCHOOL HOLIDAYS. DAYS RUN FROM 9AM TO 3PM. HALF DAY OPTIONS AVAILABLE UPON REQUEST. SUPPORTED BY HAMMERSMITH & FULHAM COUNCIL - KING'S CORONATION FUND

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For more information visit fulhamsoccerschools.com
or email disability@fulhamfc.com

Bulletin: January 2026

**A new year can bring excitement, but it can also bring pressure.
So, this year let's focus on wellbeing, rather than perfection.**

Intentions v Resolutions

Big resolutions can feel overwhelming. It can help to focus instead on **intentions** - how we want to *feel* and *act*. Examples could include:

"I want to be kinder to myself"
"I want to give new things a go"
"I want to focus on achievement, not perfection"
"I want to listen to my emotions more"

"I want to ask for help when I need it"
"I want to spend more time with my family and friends"
"I want to ask people how they're feeling and really listen to their answers"

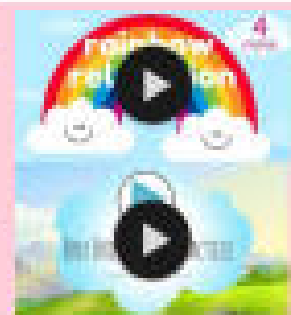
Small actions that support wellbeing

We don't need to make huge changes to our lives to feel the benefits – small, simple routines can have a huge impact on our wellbeing....

Slow, deep breathing calms our bodies and reduces stress, worry and fear.

Click on the pictures to follow breathing videos on YouTube (please ask a parent or carer's permission first).

Practise the exercises whenever you can – not just when you feel stressed – so that they become a habit!



Connecting with others is vital for maintaining mental wellbeing.

Talking about our lives and feelings helps us to de-stress, normalise difficult experiences, understand ourselves more, and problem-solve.

Regularly take time to catch up with someone you care for and trust, to discuss your day. Ask each other about the best and most challenging parts of the day and practise making each other feel really heard and cared for.

If you're not ready to share emotions, write them down to help you make sense of them or do something creative to express them. Include things you feel proud of or grateful for.



Remember: Progress matters more than perfection. Every small step counts.

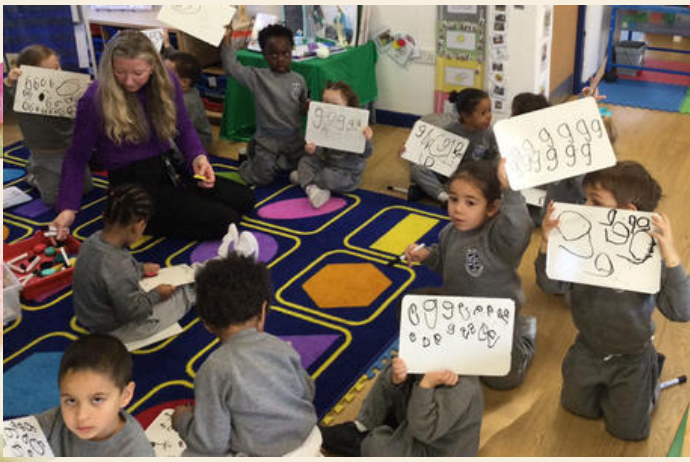
You're never on your own.

if you're struggling with difficult emotions, speak to a teacher or trusted adult.

They can refer you to our support services.

You can also call Childline: 0800 1111 (free, confidential, 24/7)

Nursery



Nursery enjoyed a busy and exciting week of learning! The children showed wonderful creativity during junk model making, creating rockets, boats, unicorns and more, while explaining their ideas with confidence. Alongside this, they worked hard in phonics, focusing on the letter g, and developed their maths skills through counting and exploring numbers. In RE, the children learned that Jesus welcomes all children, sharing a message of love, happiness, and belonging. 🌈🌟

Reception

Reception had a fun-filled week of learning across the curriculum! In Literacy, the children enjoyed Little Red Riding Hood and even made a basket for Grandma in the shop area. In Maths, they explored capacity by counting spoonfuls to fill cups, and in Music, they loved Animal Carnival, listening carefully to instruments, how they are played, and matching them to animals. Lots of curiosity, creativity, and fantastic learning all round!



Year 1

In Science this week, Year 1 explored different materials and discussed why certain materials are chosen for everyday objects.

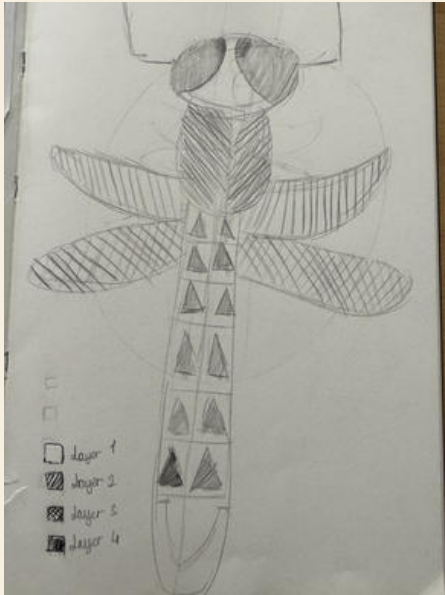
The children explained that a football is made of rubber so it is safe to use, and that a bike is made from more than one material to make it strong and comfortable. One pupil shared, “A football is made of rubber because if it was made of metal and you went to head the ball you would hurt your head!”



Year 2

This week in Music, Year 2 explored call and response. We warmed up our bodies, minds and voices, used our voices to chant and sing together, and practised singing at the right time on our own or as a group. The children learned that a response is an answer to a call and enjoyed creating their own responses, working together as God's children.

Year 5



In Year 5 Art, pupils are planning a Western African-inspired art project that they will create later in the term. This week, they used their insect sketches to design bold, simplified images and planned how their artwork will become a cardboard relief. The children focused on clear shapes and lines, and identified which parts of their design will be raised using layered cardboard. This careful planning is preparing them for the hands-on making stage to come.

“We were drawing our different insects and then we are going to layer them with cardboard and paint them.” Noah

Year 6

Year 6 enjoyed a brilliant second tennis session this week, full of energy and skill-building. They warmed up with the popular apples and mangoes game before practising key skills such as accurate throwing to help their partners hit the ball. The session ended with an exciting rally challenge, where the children worked together to keep the ball in play. Great teamwork and progress were on show throughout! 🟢



Attendance and Punctuality

Attendance

Y4 98.8%



Punctuality

Y4 100%



Green stickers and House points

House Points

1st place TM 148

2nd place A 96

3rd place JF 90

4th place E 52



Green stickers

Year 5 and Year 2



Awards



Marcon Y2
Oliver Y5

Karim Y4

Sabah Y6
Ariana Y6

Star of the week



Nursery: Freddy

Reception: Khari-

Jay

Year 1: Milan

Year 2: Joel

Year 3 Adam

Year 4: Maria Abedi

Year 5 Livia

Year 6 Tim



Pen License

Nicole Y5



Head Teachers Award

Yilkal Y4



Important Dates

Y4 Tower of London trip	Monday 2nd February
Y5 trip to St Vincent's House Care Home 1:15pm-3:20pm	Monday 2nd February
Y2 Class Assembly	Friday 6th February
Gymnastics competition - 9:30 a.m. until 12:30 p.m.	Friday 6th February
MAYOR'S CUP 2025/26 - Boys/Girls	Friday 6th February
Y5 Jupiter project 9.30am to 11.20am	Tuesday 10th February
Valentine Dsico EYFS 1:30-3pm Valentine's disco Y1-Y6 3:30-5PM	Thursday 12th February

[Please click here to see 2026-2027](#)

