



Sikhism Progression

Year Group	Topic/Content
Nursery	➤ Lesson 1: Belonging – Introduce that Sikhs belong to a faith community. Share a simple story of a Sikh family going to the gurdwara. ➤ Lesson 2: Special Places – Look at pictures of a gurdwara. Children learn it is a place where Sikhs pray and come together.
Reception	➤ Lesson 1: Special People – Learn that Guru Nanak was the founder of Sikhism. Share a story from his life showing kindness. ➤ Lesson 2: Sharing Food – Introduce langar (community kitchen). Talk about sharing food and treating everyone equally.
Year 1	➤ Lesson 1: Sacred Texts – Learn that Sikhs read from the Guru Granth Sahib, treated with great respect. ➤ Lesson 2: Symbols – Explore the Khanda (Sikh symbol) and why symbols are important for belonging.
Year 2	➤ Lesson 1: The Gurdwara – Explore features of the gurdwara (prayer hall, Guru Granth Sahib, shoe removal, covering heads). ➤ Lesson 2: Community – Learn about sewa (selfless service) and why helping others is important in Sikh life.
Year 3	➤ Lesson 1: Festivals – Learn about Vaisakhi (founding of the Khalsa). Explore how Sikhs celebrate it today. ➤ Lesson 2: Equality – Explore how Sikhism teaches that everyone is equal, linked to Guru Nanak's message.
Year 4	➤ Lesson 1: The Ten Gurus – Learn about Guru Nanak and Guru Gobind Singh, their leadership and teachings. ➤ Lesson 2: The Khalsa – Explore the story of the first Khalsa initiation and its importance.
Year 5	➤ Lesson 1: The 5 Ks – Learn what each K (Kesh, Kara, Kanga, Kirpan, Kachera) means and why they are important to Sikhs. ➤ Lesson 2: Commitment – Discuss what it means for a Sikh to live by their faith and values today.
Year 6	➤ Lesson 1: Faith in Action – Explore how Sikhs put their beliefs into practice today (charity, langar, sewa, Khalsa Aid). ➤ Lesson 2: Respect and Diversity – Reflect on how learning about Sikhism helps us understand and respect people of other faiths.