

AUTUMN MEDIUM TERM PLAN		Relationship and Sex Education	
Module 1: Created and Loved by God		EYFS	
<p>Unit 1: Religious Understanding</p> <p>Session 1: Handmade with Love</p> <p>LO: Children will know that:</p> <ul style="list-style-type: none"> • We are created individually by God as part of His creation plan • We are all God’s children and are special • Our bodies were created by God and are good • We can give thanks to God! 	<p>Unit 2: Me, My Body, My Health</p> <p>Session 2: Head Shoulders Knees and Toes</p> <p>LO: Children will learn that:</p> <ul style="list-style-type: none"> • That their bodies are good and made by God • The names of the parts of the body 	<p>Unit 3: Emotional Well-being</p> <p>Session 1: I Like, you like, we all like!</p> <p>LO: Children will learn:</p> <ul style="list-style-type: none"> • That we all have different ‘tastes’ (likes and dislikes), but also similar needs (to be loved and respected, to be safe etc) • That it is natural for us to relate to and trust one another 	<p>Unit 3: Emotional Well-being</p> <p>Session 3: Let’s Get Real</p> <p>LO: Children will learn:</p> <ul style="list-style-type: none"> • Simple strategies for managing emotions and behaviour • That we have choices and these choices can impact how we feel and respond. • We can say sorry and forgive like Jesus
<p>Unit 2: Me, My Body, My Health</p> <p>Session 1: I Am Me</p> <p>LO: Children will learn that:</p> <ul style="list-style-type: none"> • We are each unique, with individual gifts, talents and skills. • Whilst we all have similarities because we are made in God’s image, difference is part of God’s plan! 	<p>Unit 2: Me, My Body, My Health</p> <p>Session 3: Ready Teddy</p> <p>LO: Children will learn:</p> <ul style="list-style-type: none"> • That our bodies are good and we need to look after them • What constitutes a healthy lifestyle, including exercise, diet, sleep and personal hygiene 	<p>Unit 3: Emotional Well-being</p> <p>Session 2: Good feelings, bad feelings.</p> <p>LO: Children will develop:</p> <ul style="list-style-type: none"> • A language to describe their feelings • An understanding that everyone experiences feelings, both good and bad • Simple strategies for managing feelings 	<p>Unit 4: Life Cycles</p> <p>Session 1: Growing Up</p> <p>LO: Children will learn:</p> <ul style="list-style-type: none"> • That there are natural life stages from birth to death, and what these are

SPRING MEDIUM TERM PLAN		Relationship and Sex Education	
Module 2: Created to Love Others		EYFS	
<p>Unit 1: Religious Understanding</p> <p>Session 1: Role Model</p> <p>LO: Children will know that:</p> <ul style="list-style-type: none"> • We are part of God’s family • Jesus cared for others and wanted them to live good lives like him • We should love other people in the same way God loves us 	<p>Unit 2: Personal Relationships</p> <p>Session 2: You’ve Got a Friend in Me</p> <p>LO: Children will learn:</p> <ul style="list-style-type: none"> • How their behaviour affects other people and that there is appropriate and inappropriate behaviour • The characteristics of positive and negative relationships • About different types of teasing and that all bullying is wrong and unacceptable 	<p>Unit 3: Keeping Safe</p> <p>Session 1: Safe Inside and Out</p> <p>LO: Children will learn:</p> <ul style="list-style-type: none"> • About safe and unsafe situations indoors and outdoors, including online. • That they can ask for help from their special people. 	<p>Unit 3: Keeping Safe</p> <p>Session 3: Feeling Poorly</p> <p>LO: Children will learn that:</p> <ul style="list-style-type: none"> • Medicines should only be taken when a parent or doctor gives them to us. • Medicines are not sweets. • We should always try to look after our bodies because God created them and gifted them to us.
<p>Unit 2: Personal Relationships</p> <p>Session 1: Who’s Who?</p> <p>LO: Children will learn:</p> <ul style="list-style-type: none"> • To identify special people (e.g. parents, carers, friends) and what makes them special • The importance of the nuclear family and of the wider family • The importance of being close to and trusting of ‘special people’ and telling them is something is troubling them 	<p>Unit 2: Personal Relationships</p> <p>Session 3: Forever Friends</p> <p>LO: Children will learn:</p> <ul style="list-style-type: none"> • To recognise when they have been unkind to others and say sorry • That when we are unkind, we hurt God and should say sorry. • To recognise when people are being unkind to them and others and how to respond. • That we should forgive like Jesus forgives. 	<p>Unit 3: Keeping Safe</p> <p>Session 2: My Body, My Rules</p> <p>LO: Children will learn:</p> <ul style="list-style-type: none"> • About safe and unsafe situations indoors and outdoors, including online. • That they can ask for help from their special people. 	<p>Unit 3: Keeping Safe</p> <p>Session 4: People Who Help Us</p> <p>LO: Children know that:</p> <ul style="list-style-type: none"> • There are lots of jobs designed to help us. • Paramedics help us in a medical emergency. • First Aid can be used in non-emergency situations, as well as whilst waiting for an ambulance

SUMMER MEDIUM TERM PLAN	Relationship and Sex Education
Module 3: Created to Live in Community	EYFS

<p>Unit 1: Religious Understanding</p> <p>Session 1: God Is Love</p> <p>LO: Children will know that:</p> <ul style="list-style-type: none"> • That God is love: Father, Son and Holy Spirit • That being made in His image means being called to be loved and to love others 	<p>Unit 1: Religious Understanding</p> <p>Session 2: Loving God, Loving Others</p> <p>LO: Children will learn:</p> <ul style="list-style-type: none"> • What a community is, and that God calls us to live in community with one another • Some Scripture illustrating the importance of living in a community <p>No matter how small our offerings, they are valuable to God and He can use them for His glory.</p>	<p>Unit 2: Living in the Wider World</p> <p>Session 1: Me, You, Us</p> <p>LO: Children will learn:</p> <ul style="list-style-type: none"> • That they belong to various communities, such as home, school, parish, the wider local area, nation and the global community • That they should help at home with practical tasks such as keeping their room tidy, helping in the kitchen, etc. • That we have a duty of care for others and for the world we live in (charity work, recycling, etc.) <p>About what harms and what improves the world in which they live</p>
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