

AUTUMN MEDIUM TERM PLAN	Relationship and Sex Education
Module 2: Created to Love Others	Year 1

<p>Story Session</p> <p>Let the Children Come</p> <p>LO: To know that:</p> <ul style="list-style-type: none"> • We are created individually by God • God wants us to talk to Him often through the day and treat Him as our best friend • God has created us, His children, to know, love and serve Him in this life and forever – this is our purpose and goal and will bring us true happiness • We are created as a unity of body, mind and spirit: who we are matters and what we do matters • We can give thanks to God in different ways 		<p>Unit 1: Me, My Body, My Health</p> <p>Session 1: God Loves You</p> <p>LO:</p> <ul style="list-style-type: none"> • We are part of God’s family; • Saying sorry is important and can mend friendships; • Jesus cared for others and had expectations of them and how they should act; • We should love other people in the same way God loves us.
<p>Unit 2: Personal Relationships</p> <p>Session 1: Special People</p> <p>LO:</p> <ul style="list-style-type: none"> • To identify ‘special people’ (their parents, carers, friends, parish priest) and what makes them special; • The importance of nuclear and wider family; • The importance of being close to and trusting special people and telling them if something is troubling them. 	<p>Unit 2: Personal Relationships</p> <p>Session 2: Treat Others Well...</p> <p>LO:</p> <ul style="list-style-type: none"> • How their behaviour affects other people, and that there is appropriate and inappropriate behaviour; • The characteristics of positive and negative relationships; • Different types of teasing and that all bullying is wrong and unacceptable. 	<p>Unit 2: Personal Relationships</p> <p>Session 3: ...And Say Sorry</p> <p>LO:</p> <ul style="list-style-type: none"> • To recognise when they have been unkind and say sorry; • To recognise when people are being unkind to them and others and how to respond; • To know that when we are unkind to others, we hurt God also and should say sorry to him as well; • To know that we should forgive like Jesus forgives.

<p>Unit 3: Keeping Safe</p> <p>Session 1: Being Safe LO: To understand safe and unsafe situations, including online.</p>	<p>Unit 3: Keeping Safe</p> <p>Session 2: Good and Bad Secrets LO:</p> <ul style="list-style-type: none"> • The difference between 'good' and 'bad' secrets and that they can and should be open with 'special people' they trust if anything troubles them; • How to resist pressure when feeling unsafe. 	<p>Unit 3: Keeping Safe</p> <p>Session 3: Physical Contact LO:</p> <ul style="list-style-type: none"> • To know that they are entitled to bodily privacy; • That there are different people we can trust for help, especially those closest to us who care for us, including our parents or carers, teachers and our parish priest. 	<p>Unit 3: Keeping Safe</p> <p>Session 3: Harmful Substances LO:</p> <ul style="list-style-type: none"> • To know that medicines are drugs, but not all drugs are good for us. • Alcohol and tobacco are harmful substances • Our bodies are created by God, so we should take care of them and be careful about what we consume. 	<p>Unit 3: Keeping Safe</p> <p>Session 3: Can you help me? LO:</p> <ul style="list-style-type: none"> • To know they should call 999 in an emergency and ask for ambulance, police and/or fire brigade • If they require medical help but it is not an emergency, basic first aid should be used instead of calling 999. • Some basic principles of First Aid
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Unit 1: Religious Understanding

Session 1: Three in One

LO:

- That God is love: Father, Son and Holy Spirit;
- That being made in his image means being called to be loved and to love others.

Unit 1: Religious Understanding

Session 2: Who is My Neighbour

LO:

- To know what a community is, and that God calls us to live in community with one another;
- A scripture illustrating the importance of living in community as a consequence of this;
- Jesus' teaching on who is my neighbour.

Unit 2: Living in the Wider World

Session 1: The Communities We Live In

LO:

- That they belong to various communities such as home, school, parish, the wider local community, nation and global community;
- That they should help at home with practical tasks such as keeping their room tidy, helping in the kitchen etc;
- That we have a duty of care for others and for the world we live in (charity work, recycling etc.);
- About what harms and what improves the world in which we live.